



What Are Our Responsibilities in the Work of Salvation and Exaltation?

PREPARATION

When preparing these lesson helps we follow the lesson outline in the Come, Follow Me— For Young Women Classes. We will never vary from the doctrine taught in the lesson outline. It is important that you always read through the lesson and all of the suggested scriptures. Then read through the helps we have provided and pray about which activities will be the most beneficial to your class. As always follow the guidance of the Spirit. The thing I love most about the Come, Follow Me format is that it is designed for the young women to take an active role in their learning. We have designed our lesson helps to help facilitate a lesson full of thought and discussion. In your preparation be sure to leave time for the young women to share ideas, questions, and experiences!

Included in this packet are PDFs and JPG files for each printable. The JPGs contain the individual images. These are perfect if you'd like to send them in an email, text, or social media post. There is also a JPG image of a blank slide-show background if you're teaching over zoom still. All JPGs can be found in the link below. It is a ZIP file, so be sure to open it on a computer. To open a ZIP file: Click on the link below and find the download (many times these go straight to your "Downloads" folder.) If you're on a PC, right click on the file name and select "Extract". If you're on a Mac, double click on the file name.

All PDFs can be found after the instruction pages below.

[CLICK HERE TO OPEN THE COME, FOLLOW ME LESSON OUTLINE ON CHURCHOFJESUSCHRIST.ORG](#)

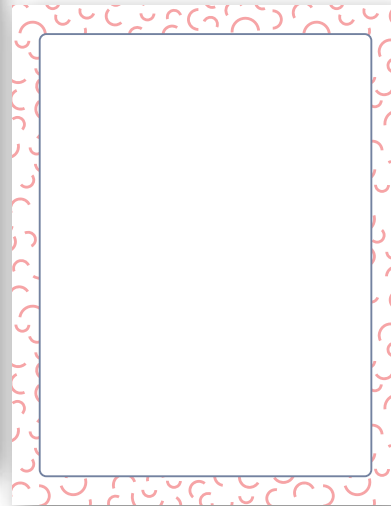


Click the link to download the files as JPGs. This is a zip file that will automatically download to your computer. Please look in your "downloads" folder if you can't find it. You will need to "unzip" the file to access the printables. The JPGS are a great option if you'd like to send an activity to your children if they aren't able to attend class. The JPGs will be individual files, instead of all in one like the PDFs.

POSTERS

8.5x11"

Click on an image to open a JPG



Create your own poster with this blank 8.5x11" JPG!

HANDOUTS

3x4" Handouts - There are 4 to a page. These little handouts can be used in numerous ways. They are the perfect size for the girls to use on their bulletin boards at home, taped in their locker at school, etc. They can be collected throughout the year and made into a book by punching holes in the corners and using a key ring to attach them each week. If your YW use class journals or smash books, these are the perfect size to tape into their individual books.

4x6" JPG Handout - These are the perfect size if you'd like to send the handout to a print shop. I've also included a page with 2 handouts of this size for you to print from home.

If all or most of the girls have a smart phone in your class, here is another idea to use for this: text each girl this handout during the week to remind her of the lesson. To do this, click on the image of the handout. A JPG will open. Save the image to your phone. Now you can text them to each of your girls! If you are on the computer, email the image to yourself, and open the email on your phone. Then follow the steps to save the image to your phone.

3x4"

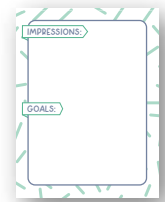


4x6"



3x4" ACT IN FAITH CARDS

These cards are to better help the young women follow the suggestions in the manual. At the end of each lesson, there is a section called "Act in Faith." It tells the girls to write down 1) How they will act on impressions they have received that day and 2) How that day's lesson relates to personal goals they have made. These cards give the young women a space to record their thoughts. They are also small enough that they can be pasted in journals, smash books, or anywhere else! There are four to a page later in this PDF or you can click on the image to the right for one card.



"CHEWS" GUM HANDOUT

This cute gift handout is a fun way to help the young women take the lesson home with them. Print the page on cardstock and cut (4 cards to a page). Grab small packs of gum to attach with tape. These cards will fit packets up to 3 x 2.5 inches. When you give the young women this treat, remind them that sharing a part of themselves can be as simple and natural as sharing a piece of gum. Sometimes it may mean serving others by giving of themselves. Other times it could mean sharing a piece of themselves as they share something dear to their hearts, like sharing their testimonies of the Savior. In either situation, they can pray to know how to share a little piece of themselves to make someone else's life better.



ATTENTION GETTER: THE LORD'S WORK ISN'T JUST FOR ADULTS

PREPARE: Before class, find artwork of Samuel (from the Old Testament), Mary (mother of Jesus), and Joseph Smith. Consider using these images from the Gospel Media Library on the Church website:

Boy Samuel Called by the Lord (Gospel Art Kit 111)

The Nativity (GAK 201)

The First Vision (GAK 403)

Then, print and cut the scripture strips.

TEACH: Display pictures with the corresponding scriptures before the young women come into the classroom. Help the class identify the people in the artwork, if needed. Invite them to think about what these three people have in common, but don't take answers yet. Ask three young women to find and read the scriptures out loud to the class. Now invite the young women to share what the three people in the artwork have in common. You may not have anyone share that they were all young when the Lord asked them to do great things and that's okay! It will be a good opportunity to just hear from the young women.

Read the first paragraph in the manual under the heading, "Prepare Yourself Spiritually." Display the lesson title question poster and share that today you'll be learning about our responsibilities in the work of salvation and exaltation.



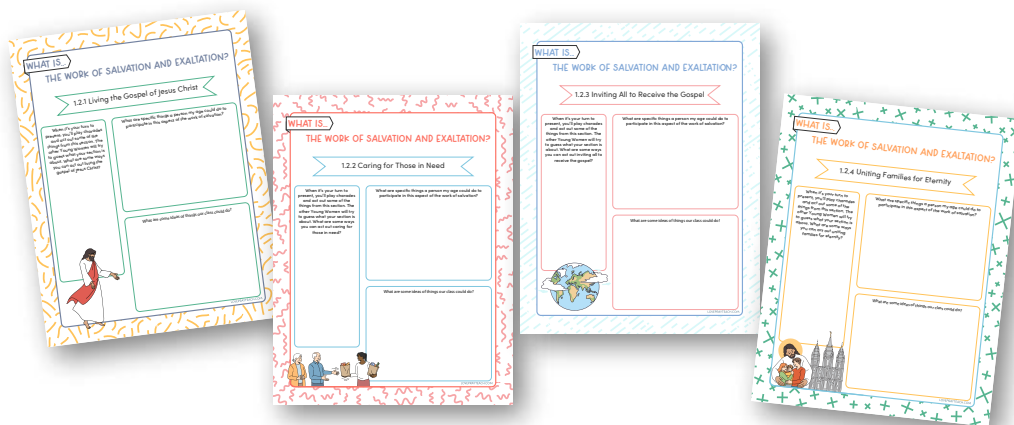
CHARADES AND GROUP ACTIVITY

This activity follows the first bullet point under the "Learn Together" section of the Come Follow Me for Youth lesson manual.

PREPARE: Before class, review **section 1.2 of the General Handbook**. Print all four activity sheets (you can print two of each for large classes). Make sure to take pencils or pens with you to class. *If many of your Young Women do not have access to devices in class, print a copy of this section from the General Handbook for each group.

TEACH: Divide the class into four groups (or eight if you have a large class). For Young Women who bring devices to class, help them find the General Handbook in the Gospel Library app. Open the app, go to Handbooks and Callings, then General Handbook. Next, tap on "1. God's Plan and Your Role in the Work..." then "1.2 The Work of Salvation and..." For classes that do not bring devices, give each group a print out of the section of the General Handbook.

Give each group one of the activity sheets. Next, give the groups time to study their assigned section in the General Handbook. They will also be preparing a way to act out their section for the rest of the class to guess. After you've given the groups time to prepare, play charades! Invite one group to act out their section while the rest of the class tries to guess what they're doing. Consider setting a time limit of about 30 seconds - 1 minute for each group. After the class has had time to guess, the group can share what their section is and what they learned from the Handbook. Repeat with the remaining three groups.



TIME TO TEACH

This section is to help Young Women teach part of the lesson. The pages shown below can be given to the young women you are asking to teach. These pages include instructions and teaching tips. This Time to Teach goes along with the second bullet point under the Learn Together section in the Come, Follow Me manual for Youth. The handout with the quote from Sister Eubank is perfect for this section of the lesson. You can give a handout to the young women when all four of the girls sharing have taught their part of the lesson. You can also use it on the board to help when you brainstorm ideas for future activities.

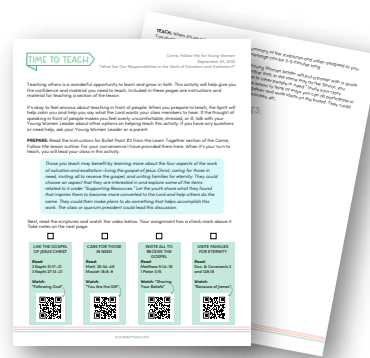
Instructions for Young Women Leader:

- Ask four young women to teach this part of the lesson. Give them the Time to Teach print outs the week before the lesson, so they have time to prepare. Check one box for each young woman.
- Read the Time to Teach instructions, read the scriptures, and watch the videos in the Supporting Resources section of the lesson. This will allow you to be prepared to help, if needed, during the lesson.
- Follow up with the young women a day or two before the lesson to ask if they have any questions or need help.
- Print a full page poster of the quote/handout with the quote from Sister Eubank. Print handouts if you are giving them to your class.



[Click here for full page quote from Sister Eubank.](#)

Handout sizes are included later in this PDF or you can click on your chosen size in the introduction pages.



[Click here to download the whole "Time to Teach!" PDF to give to your Young Women.](#)

"I HAVE A WORK FOR THEE"

This activity follows the third bullet point under the "Learn Together" section of the Come Follow Me for Youth lesson manual.

PREPARE: Before class, print an activity sheet for each young woman. If your young women don't have access to devices in class, print copies of **Elder Pingree's October 2017 General Conference talk, "I Have a Work for Thee"** for each young woman in your class. Review the talk and the activity sheet. Optional: Collect materials to do the object lesson from the July 2015 New Era: **The Incredible Influence of You.**

TEACH: Separate your class into six small groups. Give each young woman an activity sheet and assign each group one of the sections from Elder Pingree's talk. Give them time to read their section and answer the question, then invite each group to share with the class. Encourage them to fill in the rest of their activity sheets as they listen to the other groups.

Consider ending by doing the object lesson from the July 2015 New Era: **The Incredible Influence of You.** There are some great quotes and scriptures in the magazine, but you can easily relate this activity back to the rest of the lesson about our responsibilities in the work of salvation and exaltation.

Ask the question from the manual: How does the Lord help us discover and develop our talents? After they have shared, remind your young women that they have each been blessed with specific talents that allow them to be part of the Lord's great work and to show love for all of Heavenly Father's children. It could be very meaningful to share specific qualities and strengths you have seen in your class, such as someone who makes sure to include everyone or someone else who bears her testimony with strength. Be careful not to leave anyone out!



CLOSING

End your class by giving the young women time to record their impressions and goals on the Act in Faith cards. Take time to give the young women any handouts from this lesson packet if you haven't already. Consider sharing your thoughts on our responsibilities in the work of salvation and exaltation. Share your testimony of the Savior. Share that you know the young women are important to Him and His work.



WHAT ARE OUR

RESPONSIBILITIES

IN THE WORK


OF SALVATION

AND EXALTATION?



"CHEWS"

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REMEMBER THAT!



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SHARON EUBANK



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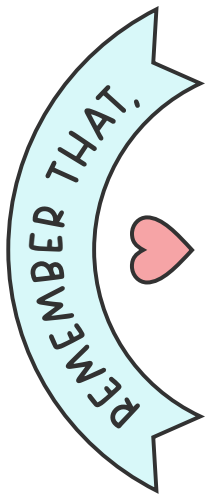
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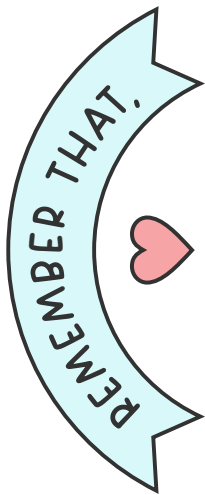


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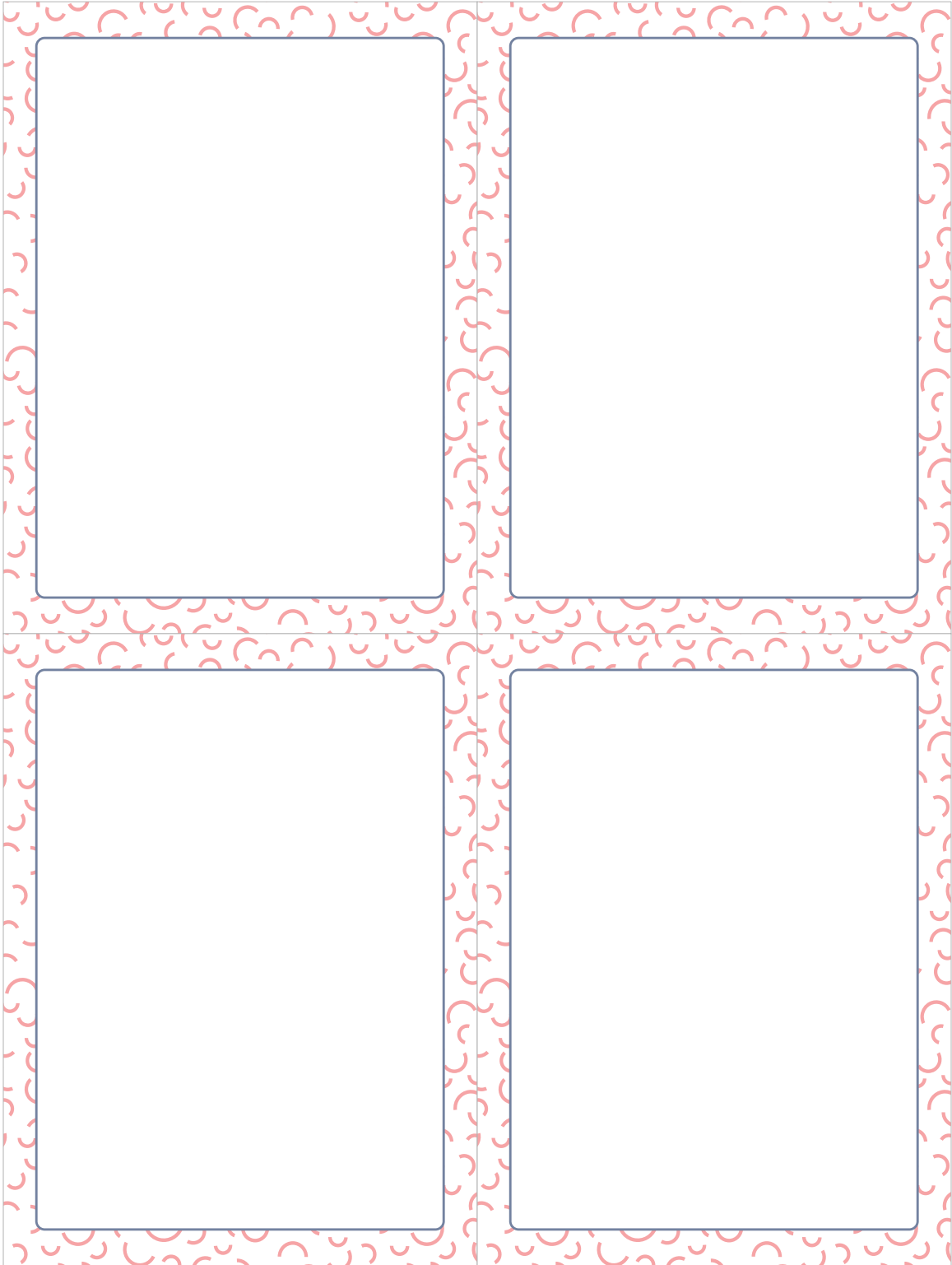
SHARON EUBANK



<p>IMPRESSIONS:</p> <p>GOALS:</p>	<p>IMPRESSIONS:</p> <p>GOALS:</p>
<p>IMPRESSIONS:</p> <p>GOALS:</p>	<p>IMPRESSIONS:</p> <p>GOALS:</p>



BLANK 3x4" CARDS





Mary

LUKE 1:30-33

Samuel

1 SAMUEL 3:1

Joseph Smith

JOSEPH SMITH
HISTORY 1:16-17

WHAT IS...

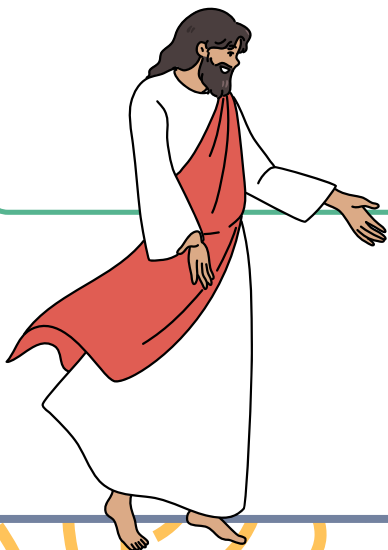
THE WORK OF SALVATION AND EXALTATION?

1.2.1 Living the Gospel of Jesus Christ

When it's your turn to present, you'll play charades and act out some of the things from this section. The other Young Women will try to guess what your section is about. What are some ways you can act out living the gospel of Jesus Christ?

What are specific things a person my age could do to participate in this aspect of the work of salvation?

What are some ideas of things our class could do?



WHAT IS...

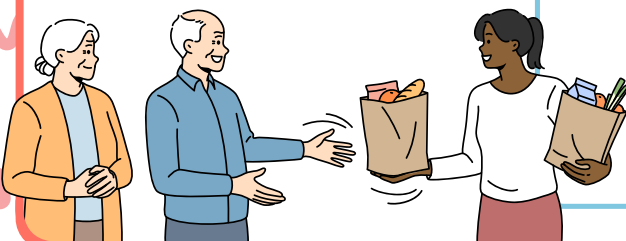
THE WORK OF SALVATION AND EXALTATION?

1.2.2 Caring for Those in Need

When it's your turn to present, you'll play charades and act out some of the things from this section. The other Young Women will try to guess what your section is about. What are some ways you can act out caring for those in need?

What are specific things a person my age could do to participate in this aspect of the work of salvation?

What are some ideas of things our class could do?



WHAT IS...

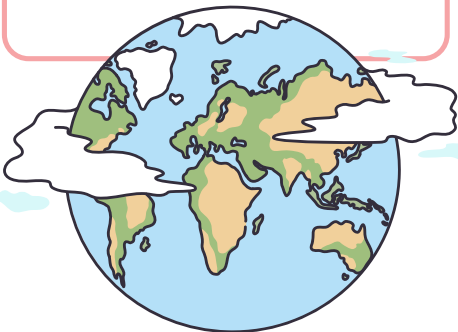
THE WORK OF SALVATION AND EXALTATION?

1.2.3 Inviting All to Receive the Gospel

When it's your turn to present, you'll play charades and act out some of the things from this section. The other Young Women will try to guess what your section is about. What are some ways you can act out inviting all to receive the gospel?

What are specific things a person my age could do to participate in this aspect of the work of salvation?

What are some ideas of things our class could do?



WHAT IS...

THE WORK OF SALVATION AND EXALTATION?

1.2.4 Uniting Families for Eternity

When it's your turn to present, you'll play charades and act out some of the things from this section. The other Young Women will try to guess what your section is about. What are some ways you can act out uniting families for eternity?

What are specific things a person my age could do to participate in this aspect of the work of salvation?

What are some ideas of things our class could do?



Teaching others is a wonderful opportunity to learn and grow in faith. This activity will help give you the confidence and material you need to teach. Included in these pages are instructions and material for teaching a section of the lesson.

It’s okay to feel anxious about teaching in front of people. When you prepare to teach, the Spirit will help calm you and help you say what the Lord wants your class members to hear. If the thought of speaking in front of people makes you feel overly uncomfortable, stressed, or ill, talk with your Young Women Leader about other options on helping teach this activity. If you have any questions or need help, ask your Young Women Leader or a parent.

PREPARE: Read the instructions for Bullet Point #2 from the Learn Together section of the Come, Follow Me lesson outline. For your convenience I have provided them here. When it’s your turn to teach, you will lead your class in this activity.

Those you teach may benefit by learning more about the four aspects of the work of salvation and exaltation—living the gospel of Jesus Christ, caring for those in need, inviting all to receive the gospel, and uniting families for eternity. They could choose an aspect that they are interested in and explore some of the items related to it under “Supporting Resources.” Let the youth share what they found that inspires them to become more converted to the Lord and help others do the same. They could then make plans to do something that helps accomplish this work. The class or quorum president could lead this discussion.

Next, read the scriptures and watch the video below. Your assignment has a check mark above it. Take notes on the next page.



LIVE THE GOSPEL OF JESUS CHRIST

Read:

2 Nephi 31:17–21
3 Nephi 27:13–21

Watch:

“Following God”



CARE FOR THOSE IN NEED

Read:

Matt. 25:34–40
Mosiah 18:8–9

Watch:

“You Are the Gift”



INVITE ALL TO RECEIVE THE GOSPEL

Read:

Matthew 5:14–16
1 Peter 3:15

Watch: “Sharing Your Beliefs”



UNITE FAMILIES FOR ETERNITY

Read:

Doc. & Covenants 2 and 128:18

Watch:

“Because of James”



TEACH: When it's your turn to teach, share a summary of the scriptures and video assigned to you. You don't need to teach for a long time. Your message can be 3-5 minutes long.

After all four Young Women have shared, your Young Women leader will put a poster with a quote from Sister Eubank on the board. It says, "Remember that, in the same way as the Savior, you yourself are one of the best gifts that you can give to other people in need." Invite your class members to use what they've learned so far in the lesson to think of ways you can all participate in the work of salvation and exaltation. Brainstorm together and write ideas on the board. They could include ideas for individuals, ideas for future YW activities, etc.

NOTES:

"I HAVE
A WORK FOR
THEE"

Directions: You will be assigned to read one section from Elder John C. Pingree Jr.'s October 2017 General Conference talk. Summarize your section and answer this question:

How could you share what you learned to help someone who doesn't think she can help with the Lord's work?



Scan for the talk.



GOD HAS A WORK FOR EACH OF US

FOCUS ON OTHERS

DISCOVER AND DEVELOP SPIRITUAL GIFTS

MAKE USE OF ADVERSITY

RELY ON GOD

A WORD OF WARNING