

JAN  
2-8

# Come, Follow Me For Families: New Testament 2023

Matthew 1; Luke 1  
"Be it unto Me  
according to Thy Word"



Come, Follow  
Me-For Individuals  
and Families: New  
Testament 2023

## Activity 1: Matthew 1; Luke 1

Read the two chapters together as a family. Read Luke 1 first, then Matthew 1.

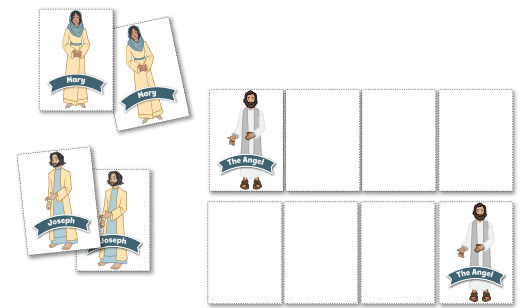
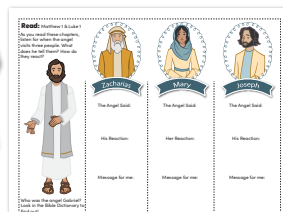
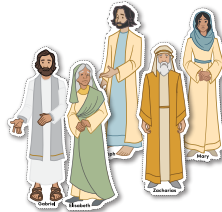
### Small Children:

Give your small children the character cut-outs. Help them use their puppets to act out the stories as you read.

### Older Children/Teens:

Give each person a worksheet. Follow the worksheet as you read together.

together. Follow along in the *Come, Follow Me-For Individuals and Families: New Testament 2023* manual where it says: "The faithful willingly submit to God's will." Have each person talk about one thing the angel said or Mary's reactions and the message they can apply to their lives.



### Everyone:

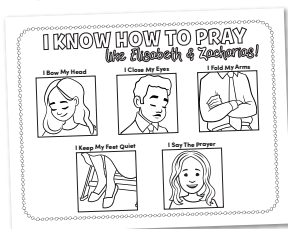
Play Memory with the cards included (print twice)! If you get a match, talk about what that person did in the scriptures you read today.

## Activity 2

Follow along in the *Come, Follow Me-For Individuals and Families: New Testament 2023* manual where it says "God's blessings come in His own time."

### Small Children:

Help your small children with their prayers! Use the coloring pages on pages 4-5. Help them practice as they color each picture.



### Older Children/Teens:

Discuss as a family the quote by Elder Holland in this section. Ask and discuss the 3 questions at the end of this section.

## Activity 3

Follow along in the *Come, Follow Me-For Individuals and Families: New Testament 2023* manual where it says "Jesus Christ was born of a mortal mother and an immortal Father."

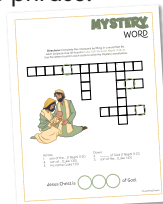
### Small Children:

Read Luke 1:35. Then hand a family member the cut out of baby Jesus in the manger. Help them repeat the phrase "Jesus Christ is the Son of God." Keep passing the cut out around until each family member has had an opportunity to repeat the phrase.



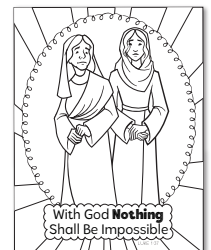
### Older Children/Teens:

Give each family member a crossword puzzle. Invite them to complete the "Mystery Word" crossword by filling in a word on the crossword boxes that fit each scripture clue. The answers are all names or titles of Jesus Christ found in Luke 1:30-35 and 1 Nephi 11:18-21. They will use the letters found in each circle to solve the Mystery word/phrase shared on the bottom of the paper. [SON]



## Activity 4

Follow along in the *Come, Follow Me-For Individuals and Families: New Testament 2023* manual under "Luke 1:37" (Under "Ideas for Family Scripture Study and Family Home Evening.")



### Small Children:

The younger children can color the picture as you talk about things God did in Luke 1 that seemed impossible.

### Older Children/Teens:

Let each person find a scripture story or picture that they can share with the family. Discuss how they can apply Luke 1:37 to their own lives. Share personal examples if possible.

# Quick Study Instructions

On the following page, we have included a new *Come, Follow Me* resource. Our Quick Study page will be a great addition for your family to help you stay on track this year in the scriptures!

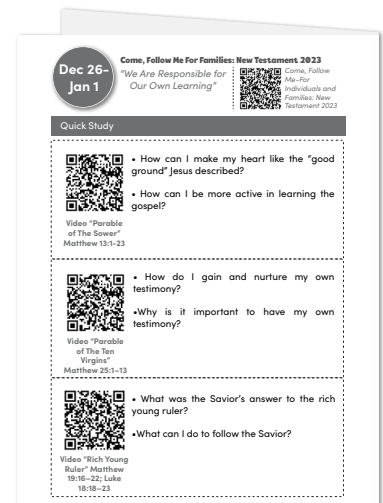
- Print the quick study page
- Fold in half vertically

The weekly poster image will be on one side and the “Quick Study” links on the other.

Poster Side



“Quick Study” Side



Set the “Quick Study” on a table or frequently used surface in your home, pin it on your family bulletin board, or on your fridge. It can be used for busy days with your family when you need a quick lesson or your Older Children/Teens can use it independently. Scan the QR Codes for a video or talk aligned with the weekly *Come, Follow Me* topics. Use the questions for a quick discussion and to invite thoughtful learning.

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Come, Follow Me For Families: New Testament 2023

Matthew 1; Luke 1

*"Be it unto Me  
according to Thy Word"*

2023 New  
Testament  
Videos



### Quick Study



Video "An Angel  
Foretells Christ's  
Birth to Mary"  
Luke 1:26-38

- What can you learn from Mary's example of faithfulness?
- Mary asks "How shall this be?" What can you do when you have questions about God's will?



Video "Mary and  
Elisabeth Rejoice  
Together"  
Luke 1:39-55

- After waiting for so long, how do think Elisabeth felt when her prayers were answered?
- Have you ever had to wait on a blessing?
- What do you feel the Lord expects of you while you wait?



Video "The  
Promised Blessings  
of Temple and  
Family History  
Work"

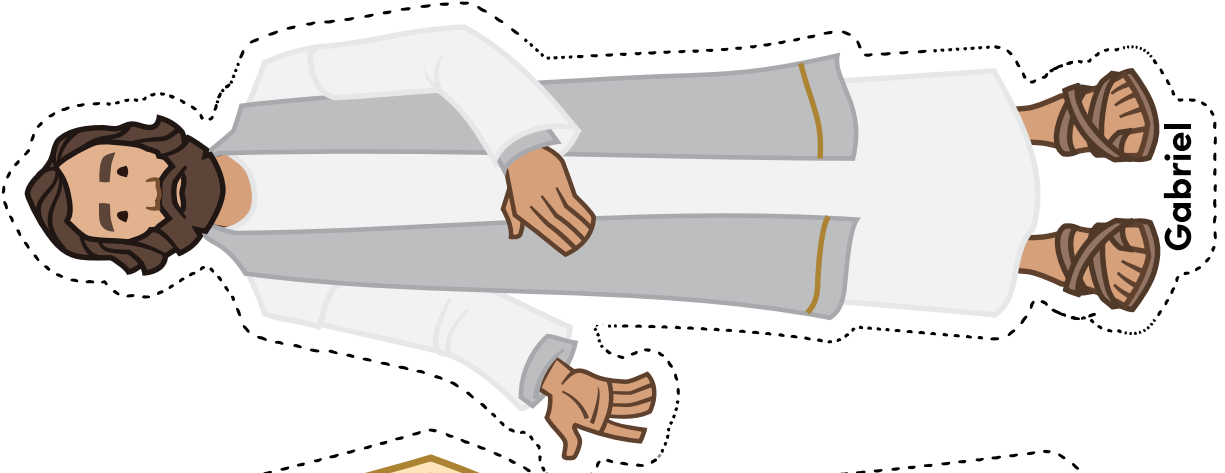
- Matthew 1:1-17 Contains the genealogy of Jesus. How does knowing about your family history bless your family?
- What are the promised blessings of Family History work?
- Which promise stood out the most to you?

And she shall bring forth a son,  
and thou shalt call his name

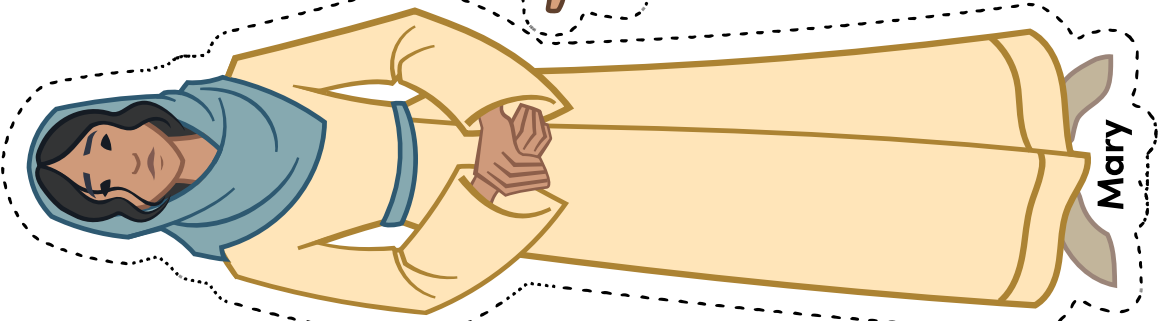
# JESUS

Matthew 1:21

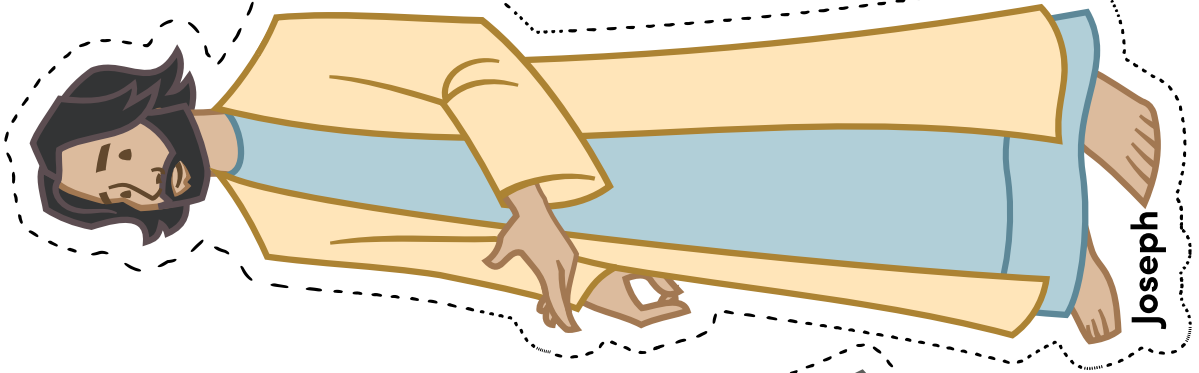




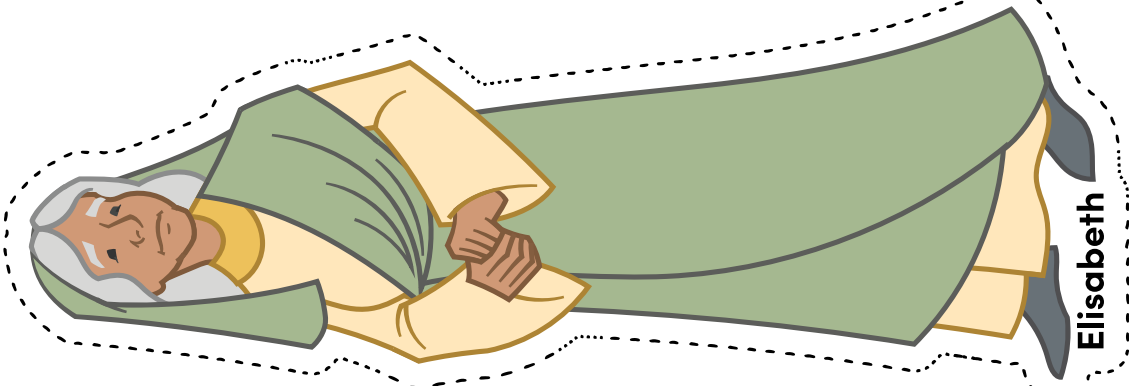
Gabriel



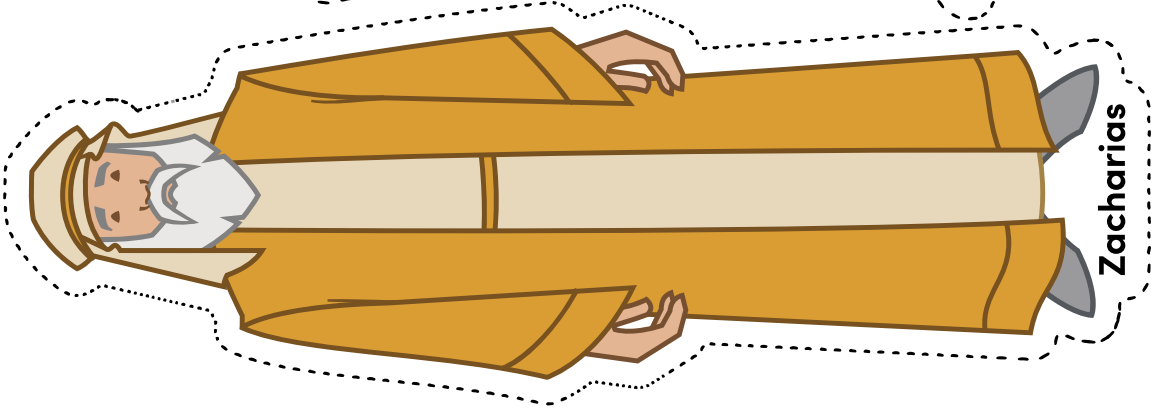
Mary



Joseph



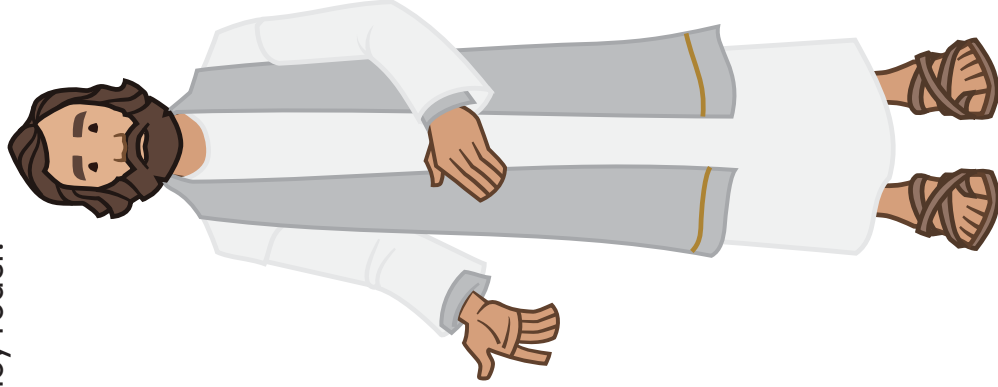
Elisabeth



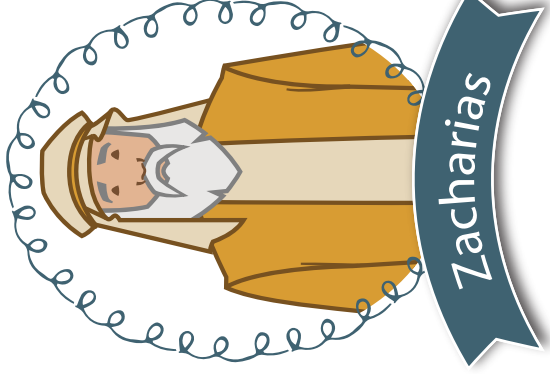
Zacharias

**Read:** Matthew 1 & Luke 1

As you read these chapters, listen for when the angel visits three people. What does he tell them? How do they react?



Who was the angel Gabriel? Look in the Bible Dictionary to find out!

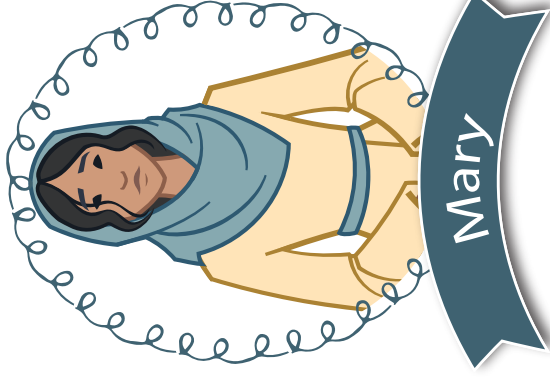


Zacharias

The Angel Said:

His Reaction:

Message for me:

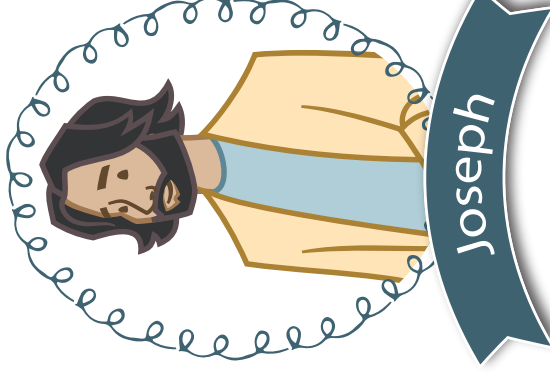


Mary

The Angel Said:

Her Reaction:

Message for me:



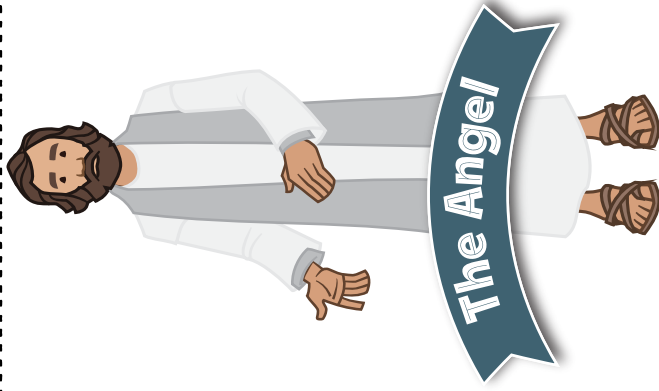
Joseph

The Angel Said:

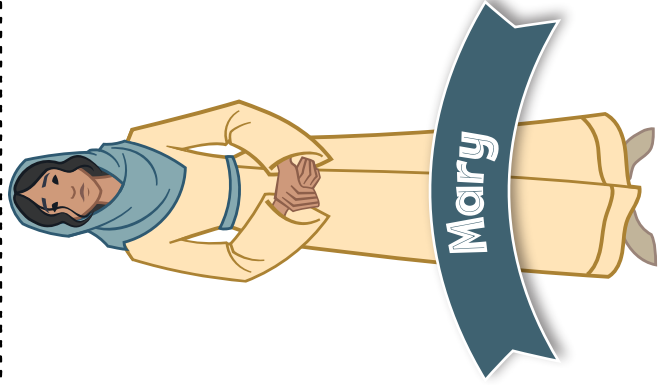
His Reaction:

Message for me:

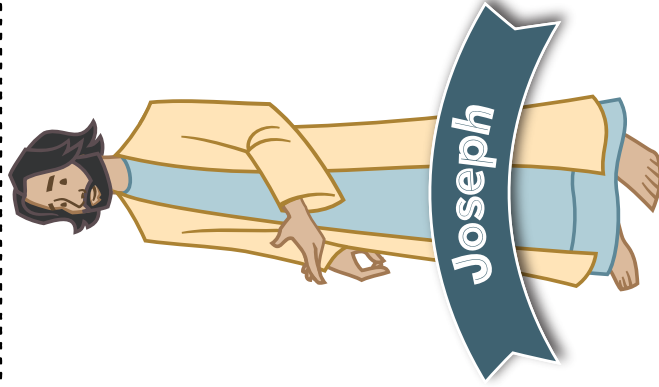




The Angel



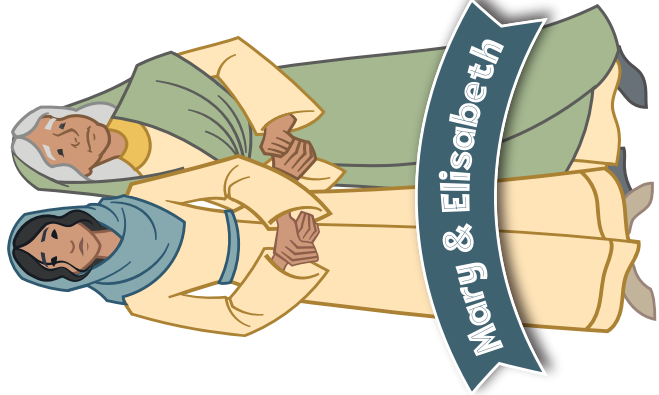
Mary



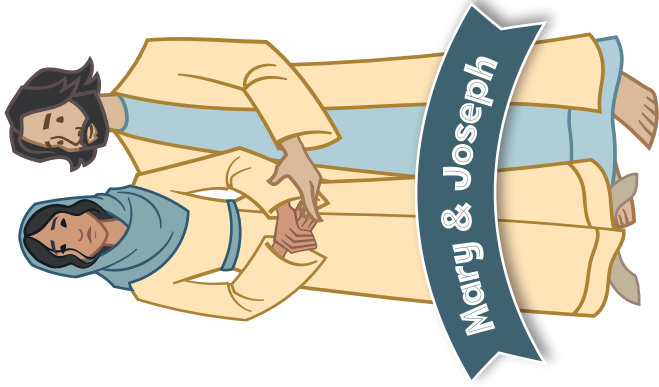
Joseph



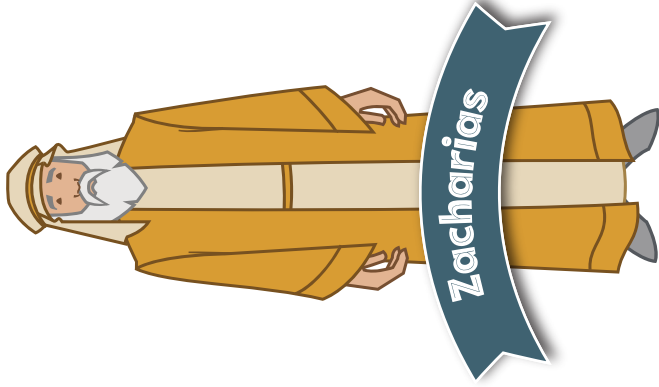
Elisabeth



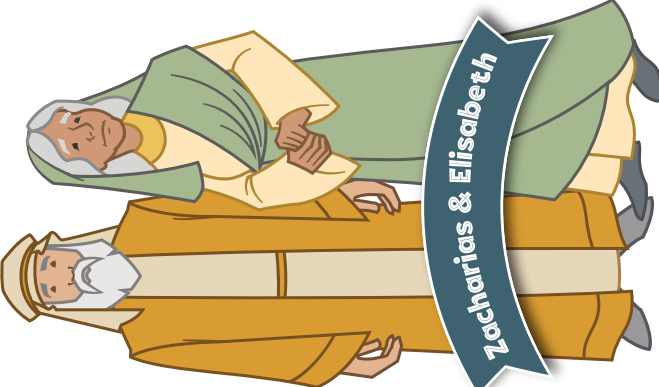
Mary & Elisabeth



Mary & Joseph



Zacharias



Zacharias & Elisabeth

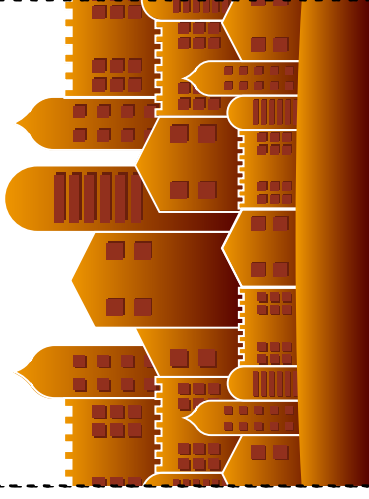
And she shall bring forth a son,  
and thou shalt call his name

**Jesus**  
Matthew 1:21



**For with God  
nothing shall be  
impossible**  
Luke 1:37

**Nazareth**



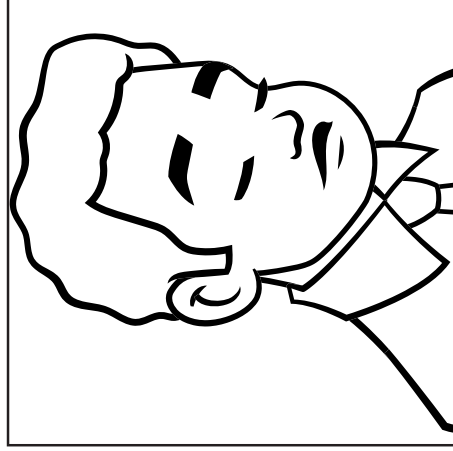
# I KNOW HOW TO PRAY

*like Elisabeth & Zacharias!*

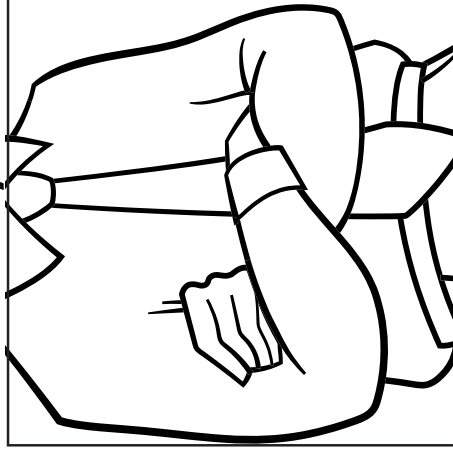
**I Bow My Head**



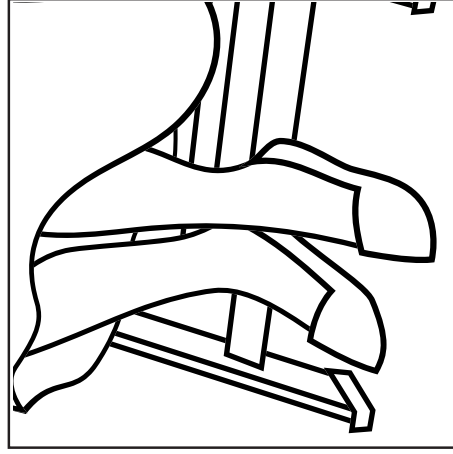
**I Close My Eyes**



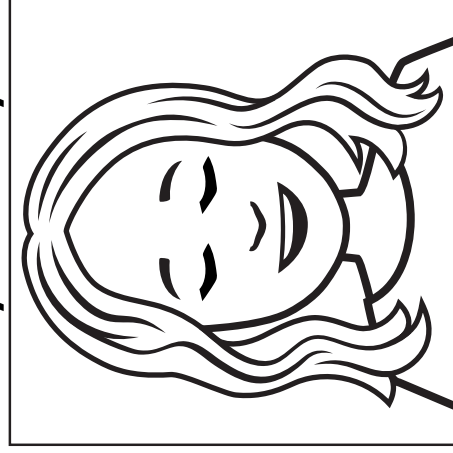
**I Fold My Arms**



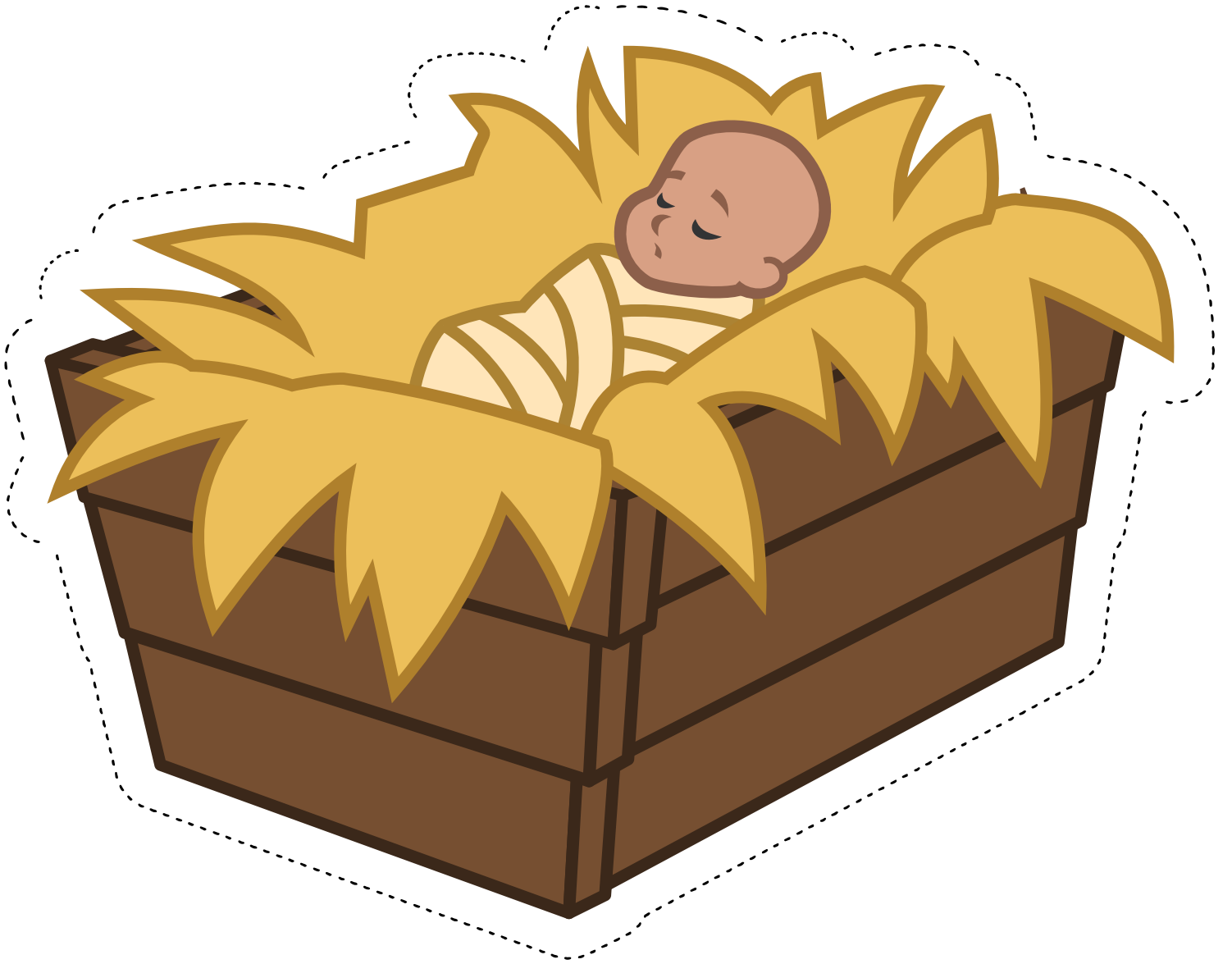
**I Keep My Feet Quiet**



**I Say The Prayer**

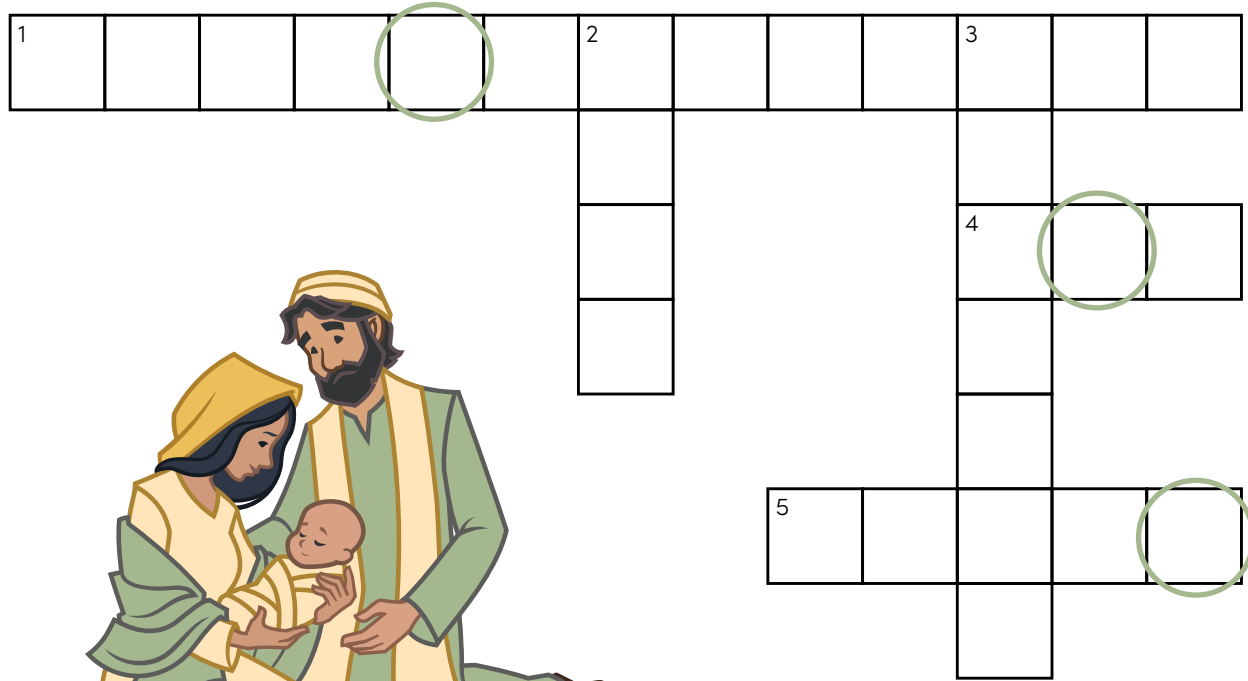






# MYSTERY WORD

**Directions:** Complete the crossword by filling in a word that fits each scripture clue all found in **Luke 1:30-35** and **1 Nephi 11:18-21**. Use the letters found in each circle to solve the Mystery word below.



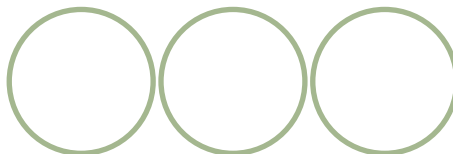
Across:

1. son of the... (1 Nephi 11:21)
4. son of... (Luke 1:35)
5. his name (Luke 1:31)

Down:

2. \_\_\_\_\_ of God (1 Nephi 11:21)
3. son of the... (Luke 1:32)

Jesus Christ is the

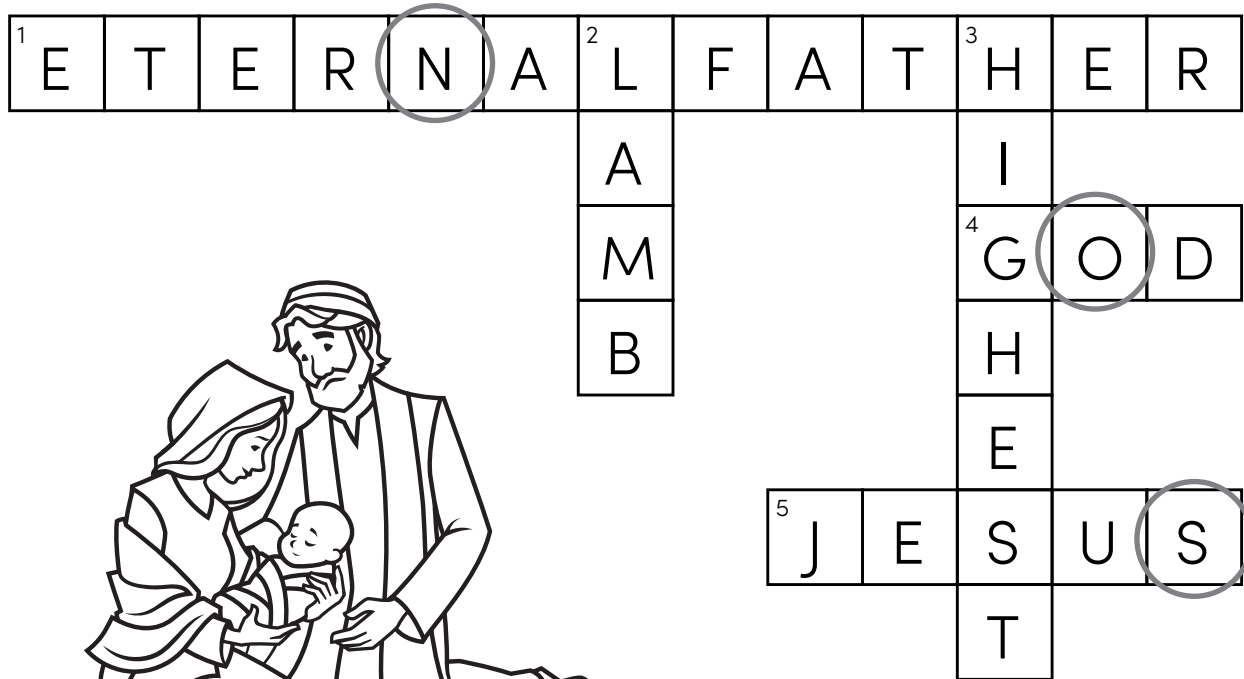


of God.

# KEY

# MYSTERY WORD

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Across:

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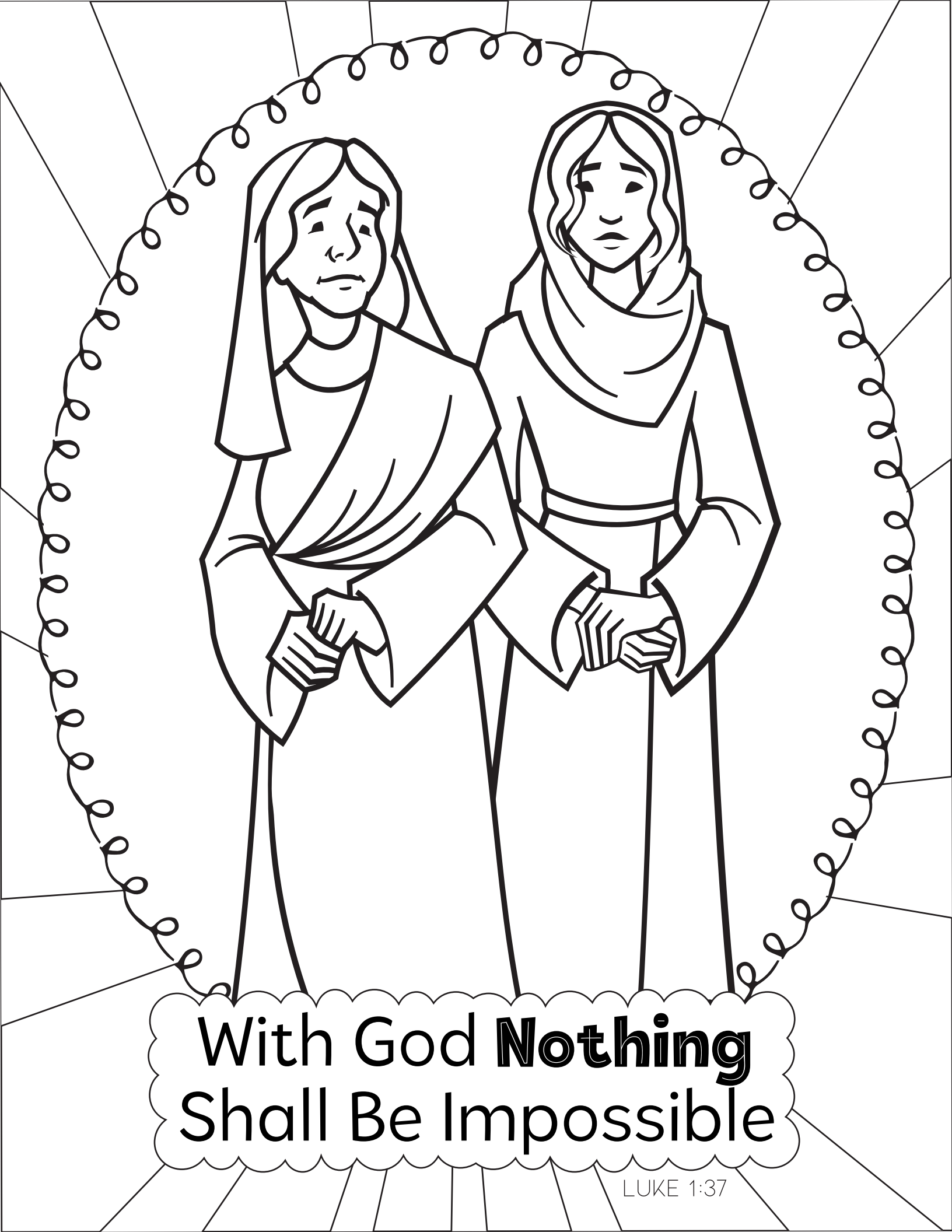
Down:

2. \_\_\_\_\_ of God (1 Nephi 11:21)
3. son of the... (Luke 1:32)

Jesus Christ is the



of God.



With God **Nothing**  
Shall Be Impossible

LUKE 1:37